

Contacts

If you wish to discuss the course content, register and book please contact the Jo Edwards-Goodman Joedwards@turveygroupwork.co.uk

Course Co-convenors: Anne Reilly and Pauline Kennedy

Experiential Group Conductors : Gillie Ruscombe-King and Chrysi Kariotoglou

Foundation courses in Group Analysis are run in a number of different locations across the country; please see the IGA website for details of other courses.

Feedback from previous students:

“I run a people development company running leadership training, learning sets and group and 1-1 coaching. I was looking for a course that gave me a deeper understanding of the process of how groups work and came across the Foundation course in group analysis.

I found it immensely helpful in my work practice, giving me a greater richness and understanding in my work, and enjoyed the mix of theory and practical experiential work that formed the 2 main elements of the course. It has also prompted me to undertake more psychotherapy training to support my practice. There was also a good mix of different types of people on the course and learnt a lot from them too. Overall, a great experience”



OXFORD FOUNDATION COURSE IN GROUP ANALYSIS

October – June
2025-26

This course will be delivered online.

Even though we all live and work in groups we rarely take time to wonder how these groups work, what makes the experience positive or negative, why we take on particular roles, what actually happens between people in a group and what happens in the group as a whole.

For those of you who facilitate or work in or with groups, now may be your chance to find out more about them and what makes them effective or ineffective.

Group Analysis: a form of psychotherapy, by the group, of the group, including the conductor’ Foulkes

It is a way of understanding what happens on a psychological and psychosocial level when people come together in any kind of group even if this is just a loose grouping of people.

Organized in association with and approved by the Institute of Group Analysis, the Foundation Course is intended for anyone working with groups or for those who simply wish to understand groups, group processes or their own experience of being in a group. Applications are received from a wide range of disciplines, professions, businesspeople and members of the public

This programme is designed to help you understand what happens between people in a group context and what happens in the group as a whole when people come together. The course provides an introduction to group analytic theory, group process and its applications to any form of group.

By enrolling on the Foundation Course, you have the opportunity to explore in more depth a group analytic approach through the theoretical seminars and discussion groups alongside the experiential group. Booking is done online at www.groupanalysis.org

There is no written work attached to this programme, but participants are encouraged to contribute from their own personal and/or work experiences.

For those that wish to continue with training in group process or group analysis, the Foundation Course is a pre-requisite of the National Diploma in Groupwork Practice course and the Qualifying Course in Group Analysis.

Course Format -

The programme includes a series of Seminars and Experiential Groups completed over 3 terms. These are delivered on 6 separate day events (2 per

term) alongside 6 weekly meetings per term. The programme begins at the end of October until the following June

The one-day events are scheduled for a Saturday, one at the start and one at the end of each term (10:00 AM – 5:15 PM) with 6 weekly sessions in between these.

The schedule for the Tuesday evening meeting is from 6:00 - 9:15 PM

Each weekly session is divided into 2 parts:

1. Seminar and discussion of a topic from 6:00 - 7:15 PM
2. Small experiential group from 7:45 – 9:15 PM

The experiential group will be conducted by a group analyst and aims to bring learning and therapeutic experience together.

The Saturday sessions will also incorporate theoretical seminars and experiential groups. Work discussion groups will form part of the course where learning can be applied to the work setting.

Dates for 2025/26

Term 1 - Saturday 25th October, Tuesday 28th October, 4th, 11th, 18th 25th November, 2nd December and Saturday 13th December 2025

Term 2 – Saturday 10th January, Tuesday 13th, 20th, 27th January, 10th 17th, February, 3rd March and Saturday 14th March 2026

Term 3 – Saturday 24th April, Tuesday 28th April, 5th, 12th, 26th May, 2nd, 9th and Saturday 13th June 2026.