

# Turvey Groupwork

## Foundation Course in Group Analysis

### 2022 – 2023



#### About the Course

The aim of the course is to enable students to experience what happens when people meet and work together in a group. You will learn about and experience group process through lectures, seminars, workshops and through being a member of an experiential group for the duration of the course. Friday's workshops and the large group for this course will be via zoom. **This course offers a blend of in-person and on-line group experiences. If Covid-19 restrictions do not allow for this, the course will be convened fully online.**

#### The Theory

The workshops provide an introduction to the psychodynamic theory underlying Group Analysis. On Saturday mornings a guest speaker gives a keynote lecture. Other seminars and workshops explore further the practicalities of working with groups in various settings (NHS, Social Services, Private Practice, and Counselling etc.) Students will be invited to participate actively by presenting academic papers during the course.

#### The Experiential Group Experience

Conducted by Lucy Chessum **and** Justin Phipps

The small experiential groups can offer you the opportunity to learn:

- About yourself as you seek to relate to each other in the group on a strictly personal level.
- About therapeutic groups: which experiences can be helpful, and which might be potentially harmful.
- About the skills of a group conductor: how to cope with the stress which working with therapeutic groups inevitably brings; how to facilitate communication and how to safeguard the boundaries etc.
- About the limitations of group therapy: concerning one's own suitability and also its use for others.

(These groups take place in person during the block weekends and online between block meetings on 5 Monday evenings.)

#### The Large Group

Conducted by Marilyn Kedwards and Andy Espey

An experience of being in a group with several generations of graduates from Turvey Foundation, Diploma and MSc. Qualifying Courses, who hold the sense of community and an interest in understanding themselves in a group context. The Large Group meets monthly, on-line, on the 3<sup>rd</sup> Friday 7pm-8.30pm.

#### Course Dates

Weekend beginning:

21<sup>st</sup> October; 16<sup>th</sup> December 2022.

17<sup>th</sup> February; 21<sup>st</sup> April; 16<sup>th</sup> June 2023

#### Timings

**Fridays** 5pm to 6.30pm then 7pm to 8.30pm – on line via zoom

**Saturdays** 9am to 6pm – in person

**Sundays** 8.30am to 3.30pm – in person

#### Further Training

The completion of this course qualifies you to apply for the IGA Diploma Course in Groupwork Practice, (which is convened at Turvey) and associate membership of the Institute of Group Analysis.

#### Venue

We are located in the grounds of the Monastery of Christ Our Saviour, adjacent to Turvey Abbey. Turvey is situated between Northampton and Bedford and is within easy reach from the M1 (J.14). Accommodation and meals are available for students.

Fee: £1300

Early bird fee of £1200 available until March 2022.

Payment options available. We are happy to discuss this with you.

(Please contact Course Convenor for details of bursaries available for students in need of financial support)

Venue:

Centre for Group Therapy,  
Abbey Mews (off Jack's Lane)  
Turvey,  
Bedfordshire  
MK43 8DH

[www.turveygroupwork.co.uk](http://www.turveygroupwork.co.uk)

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online prospectus:

[www.groupanalysis.org](http://www.groupanalysis.org)

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